

# SHARE THE Dignity

## “It’s in the Bag” - Christmas Appeal 2021

If you have a handbag or two that you no longer use, please fill it with items to make a woman in need feel special. What you put in your bag is up to your imagination, and it will be a unique and beautiful gift. It’s not an exaggeration to say that your bag could change someone’s life. The boost in confidence and self-esteem it will bring someone is enormous, and it’s truly the most valuable gift you can give.

What you put in your gift will depend on your bag size, your budget and your imagination! Here are some ideas.....

Pads, Tampons, Baby Wipes, Cleansing Wipes, Tissues  
Deodorants, Perfume  
Soap, Shampoo, Conditioner,  
Sunscreen, Lotions, Creams, Smelly Stuff  
Toothpaste and Toothbrush  
Hair Ties and Hair Brush  
Movie voucher, Gift voucher, Meal voucher  
Poncho – Scarf  
Jewellery or Trinket  
Socks and Undies

A thoughtful note to show her that someone cares and that she matters!

**\*\* ALL ITEMS MUST BE NEW \*\***

As you can see, what you can put in **YOUR** kind donation is so individual so very much appreciated and can make a woman feel very special.



SHARE THE DIGNITY is a charity that was started in 2015 after learning that many homeless and vulnerable women did not have access to sanitary products leaving them to face unthinkable indignities during their monthly period. The charity now runs an annual “it’s in the bag” drive to collect bags to distribute to women in need over Christmas.

Bring your donations along to the NCWQ lunch.....

THE CHARITIES AND SHELTERS WE SUPPLY OUR BAGS THROUGH HAVE REQUESTED THAT YOU PLEASE NOT INCLUDE THESE ITEMS IN YOUR BAGS:

**food:** e.g. chocolate, lollies, alcohol.  
Because of the hot summer weather, these items may melt, lose freshness or attract ants.

**pharmaceuticals:** e.g. Panadol, throat lozenges, condoms. Because everyone has different needs and allergies.

**sharp:** e.g. razors, knives or scissors.  
For the safety of our volunteers and everyone who will be handling the bags on their journey.



[www.sharethedignity.com.au](http://www.sharethedignity.com.au)

**THANK YOU FOR HELPING US SHARE THE DIGNITY**